

Coronavirus (COVID-19) Fact Sheet

Presented by Pendulum

As a risk management company, [Pendulum](#) is committed to our clients; as such, we provide this quarterly fact sheet pertaining to the Coronavirus (COVID-19) and senior housing. COVID-19 is a rapidly evolving virus; we urge you to utilize the links in this document for the most recent information on the virus. *Revised April 2021.*

VACCINES

Currently, three vaccines have received emergency use authorizations: [Pfizer-BioNTech COVID-19 Vaccine](#), [Moderna COVID-19 Vaccine](#), and [Janssen COVID-19 Vaccine \(Johnson & Johnson\)](#). Briefing documents are available by the FDA for the [Pfizer-BioNTech](#), [Moderna](#), and [Janssen \(Johnson & Johnson\)](#) vaccines. The FDA has also released fact sheets for the vaccines for healthcare providers administering the vaccine ([Pfizer-BioNTech](#); [Moderna](#); [Janssen \[Johnson & Johnson\]](#)) and fact sheets for recipients and caregivers ([Pfizer-BioNTech](#); [Moderna](#); [Janssen \[Johnson & Johnson\]](#)).

The Centers for Disease Control and Prevention (CDC) recommends that [residents of long term care facilities](#) be included among those offered the first supply of COVID-19 vaccines. The Centers offer a [toolkit for preparing for COVID-19 vaccination at a facility](#), along with [information and resources to prepare residents for COVID-19 vaccines](#). The CDC's [vaccine information](#) also includes information about the [safety of COVID-19 vaccines](#) and some [commonly asked questions](#) about vaccine planning, development, safety, and getting vaccinated.

The Department of Health and Human Services (HHS) has detailed information on [finding vaccine providers by zip code](#), along with quick links to [state and territory health departments](#).

For fully vaccinated individuals, the CDC has issued an [initial guidance](#). The Centers have also released [interim public health recommendations for fully vaccinated people](#) and a [science brief](#) on the recommendations for fully vaccinated people.

STATE SURVEYS

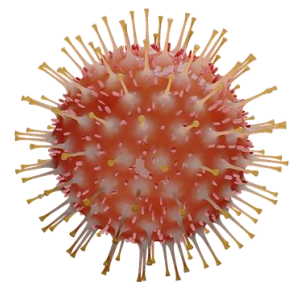
State surveys began to resume regular survey activities in November 2020. The Centers for Medicare & Medicaid Services (CMS) recently revised [visitation guideline](#) specifically states that surveyors are not required to be vaccinated but should adhere to the core principles of COVID-19 infection prevention and any requirements set by state law. CMS continues to update the [Toolkit on State Actions to Mitigate COVID-19 Prevalence in Nursing Homes](#) with information, guidance, and programs to mitigate COVID-19 in facilities.

TRAINING

CMS' online learning platform, the [Quality, Safety & Education Portal \(QSEP\)](#), provides [targeted COVID-19 training for nursing homes](#). CMS also provides a [nursing home training self-assessment](#) through the Hospital Quality Improvement Contractors to assess an organization's training needs.

PREVENTION AND CONTROL

A strong infection prevention and control program is critical to protect both residents and healthcare personnel. The CDC offers [interim infection prevention and control recommendations](#) to prevent spread in nursing homes. The CDC also has an [infection prevention and control assessment tool](#) for nursing homes preparing for COVID-19 (this tool may also contain content relevant for assisted living facilities). The Centers also have considerations for preventing the spread of the virus in [assisted living facilities](#). Additionally, [considerations for retirement communities and independent living facilities](#) are offered by the CDC, as well as [frequently asked questions](#).



FAMILY AND VISITORS

CMS released a revision to their [Nursing Home Visitation guidance on March 10, 2021](#). This guidance significantly relaxes previous visitation guidelines regarding visitors. A CMS [fact sheet](#) provides an overview of the guidance including indoor visitation, indoor visitation during an outbreak, compassionate care visits, and ombudsman visits. The fact sheet also notes that vaccines are recommended for visitors but not required. As a good reminder on important ways to slow the spread, the CDC also outlines [how to protect yourself and others](#).

TRACKING DATA AND CASES

Besides state health departments' websites, the CDC's [COVID Data Tracker](#) provides maps and charts to help visualize data; the site also identifies [Elder Care events](#) throughout the country. The [Mayo Clinic](#) tracks hot spots, cases, and trends in the country.

RISK MANAGEMENT

Pendulum is offering free access to the [Pendulum Risk Management Resource Center for Senior Housing](#). This online portal offers COVID-19 resources in addition to tools, information, articles, and more covering risk management in aging services. Simply click [here](#) to register. Please note on the registration form that you learned about the website from the Pendulum COVID-19 Fact Sheet. You will receive an email once your registration is approved. (If you are already a subscriber to another "Resources for Risk" resource center, you have access to the resources mentioned above.)

IMPORTANT LINKS

Below are links to take you to the most up-to-date COVID-19 information available:

- [American Health Care Association \(AHCA\)](#)
- [Centers for Disease Control and Prevention \(CDC\)](#)
- [Centers for Medicare & Medicaid Services \(CMS\)](#)
- [CMS Nursing Home Resource Center, Provider and Partners, COVID-19 Data and Updates](#)
- [CoronaVirus.gov](#)
- [John Hopkins University Coronavirus Resource Center](#)
- [LeadingAge](#)
- [National Institutes of Health \(NIH\)](#)
- [Occupational Safety and Health Administration \(OSHA\)](#)
- [Public Health Emergency](#)
- [Quality Improvement Organizations COVID-19 Resources](#)
- [USAFacts](#)
- [U.S. Food and Drug Administration \(FDA\)](#)
- [World Health Organization \(WHO\)](#)

ABOUT PENDULUM

[Pendulum](#) is a full-service risk management company that offers risk control services to insurance carriers and healthcare entities throughout the country. Pendulum's mission is to "help our clients reduce professional liability exposure by balancing risk and defensibility."