

## Documentation to Optimize Resident Safety: COVID-19

Assessment, Care and Treatment, and Clinical Decision-Making, **Not Documented**, Is Difficult to Remember and Defend

## **Documentation Best Practices**

- Know, Communicate, and Document the Resident's Baseline Status. Actively Observe and Report Changes in Condition.
- Document Clinically Pertinent Assessments and Interventions with Change in Condition:
  - Vital Signs Temperature, Pulse Oximetry, Respiratory Rate, Blood Pressure, Pulse
  - Change in Energy Level Weakness, Fatigue, Malaise
  - Pain Sore Muscles, Sore Throat, Headache, Body Aches, Chills
  - Respiratory Status Cough (Productive/Non-Productive), Shortness of Breath/Difficulty Breathing, Lung Sounds
  - Other Symptoms Loss of Smell/Taste, Nausea/Vomiting, Diarrhea
  - Be Alert for Emergency Warning Signs e.g., Trouble Breathing, Persistent Pain or Pressure in the Chest, New Confusion, Inability to Wake or Stay Awake, Bluish Lips or Face

Source – CDC/Centers of Disease Control and Prevention Symptoms of COVID-19. Symptoms of COVID-19 | CDC [Accessed August 20, 2023]

- Chart Assessments and Care Concurrently. Avoid End-Of-Shift Charting
- Know and Follow Facility Policy and Procedures Related to Documentation, Assessments and Care Planning. Document the Effectiveness of Interventions. Alert Charting is Recommended (e.g., at least every shift with symptoms)

## Communication

- Document Communication with Physicians and Other Providers. Note with Whom You Spoke, Resident Information Provided, and Orders Received.
- Document Communication with Family Members or Other Legally Responsible Parties (e.g., Power of Attorney). Note with Whom You Spoke, and Information Shared.
- Document Resident and Family Teaching
- Document Complete Transfer Communication, A Structured Format Such as SBAR (Situation, Background, Assessment and Response) Is Recommended. (Source – Institute for Healthcare Improvement, SBAR Tool)

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