

Resident Rounds & Resident Safety



Review Current Resident Safety Status

Mobility Changes/Fall Risk/Ambulation Fatigue, Skin Injury Risk, Observed Behaviors That Pose a Safety Risk (e.g., Wandering, Restless, Not Using Their Safety Equipment, Confusion, Aggression, Talking About Going Somewhere - Home, To Work, etc.)

Observe Current Clinical Status

Vital Signs, Nutrition/Hydration, Urinary Changes, Abnormal Lab Work, Pain, Medication Response (e.g., Effectiveness, Reactions, Side-Effects), Respiratory/Cardiac Changes, Gastrointestinal Changes (e.g., Nausea, Vomiting, Diarrhea), Skin Changes, Behavior/Cognition Changes, Weakness/Fatigue, Other

Understand Emotional/Social Status of the Resident

Concerns/Complaints, Depression/Sadness/ Withdrawn, Suicidal Thoughts/Comments, Anger, Declining Care, Good News/Bad News, Special Day, etc.

"HEAR ME" is a Useful Rounding Reminder

- o Hazards in the environment
- o Educate residents
- o Anticipate residents' needs
- o Round frequently
- o Materials and equipment available
- o Exercises and ambulation

Source - Hear Me - Agency for Healthcare Research and Quality, Rockville, MD.

Be Purposeful with Resident Rounding – 6 P's

- o **P**ain Is the Resident Comfortable?
- Positioning Does the Resident Have Positioning Needs?
- Periphery

 Are Personal Items Within Reach? (e.g., Glasses, Call Light)
- Personal Comfort Needs Does the Resident Have Nutrition, Hydration, or Toileting Needs?
- Prompts— Are Safety Reminders Needed? (e.g., Please call for Assistance)
- Pick-Up correct any safety issues (e.g., spills, loose cords)

Source - Purposeful Rounding - Agency for Healthcare Research and Quality, Rockville, MD.

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