

WORKPLACE INJURIES



MOST WORKPLACE INJURIES ARE CAUSED BY UNSAFE ACTS

The Most Common Types of Workplace Injuries Are:

- Falls, Slips, and Trips
- Sprains/Strains
- Lifting Injuries
- Contact with Equipment/Objects
- Overexertion

WHAT SHOULD YOU DO IF YOU ARE INJURED AT WORK?



- Immediately report an injury to your supervisor, even if you don't think you are injured



- Complete the Employee Accident/Injury Report

IMPLICATIONS OF NOT REPORTING INJURIES...

Not reporting an injury immediately:

- May jeopardize the employee's Workers' Compensation benefit
- May result in delayed healing and further injury for the employee
- May result in fines or sanctions for the employer



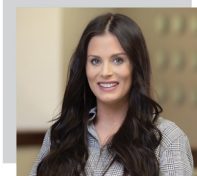
MEET THE VAALER WORKERS' COMPENSATION TEAM



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